

Gluten Free Break time menu

Street Culture

Gluten Free (G/F) - Break time week 1 menu

MONDAY

Yoghurt with berry compote,
Fresh fruit salad,
Tomato & Basil G/F pasta salad,

Bacon G/F roll,
Bbq pulled pork G/F pita pockets.

TUESDAY

Yogurt with fruit compote
Fresh fruit salad
Tuna G/F pasta salad

Pizza G/F buns,
Cheese & ham G/F toasties,

WEDNESDAY

Granola topped yoghurt,
Fresh fruit salad,
Tomato & Basil G/F Pasta Salad,

Bbq chicken G/F wrap,
Cheese G/F Toasties,

THURSDAY

Topped yoghurt,
Fresh fruit salad
Tuna G/F Pasta Salad,

Chicken G/F Melts
Ham topped cheese G/F bagels

FRIDAY

Yoghurt with mixed berries,
Mixed grapes
Chicken Caesar G/F pasta salad

Sausage G/F cob,
Chicken Strippers (without bread crumbs)



Street Culture

Gluten Free - Break time week 2 menu

MONDAY

Yoghurt with berry compote,
Fresh fruit salad,
Tomato & Basil G/F pasta salad,

Bacon F-F roll,
Cheese & ham G/F Pizza slice,

TUESDAY

Yogurt with fruit compote
fresh fruit salad
Tuna G/F pasta salad

Sausage G/F cobs
Chicken strips

WEDNESDAY

Yoghurt with berry compote,
Fresh fruit salad,
Tomato & Basil G/F Pasta Salad,

Chicken Tikka G/F flatbreads,
5 Bean G/F burrito.

THURSDAY

Topped yoghurt,
fresh fruit salad
Tomato & Basil G/F Pasta Salad,

Bacon G/F Roll,
Tuna G/F melts

FRIDAY

Yoghurt with mixed berries,
Mixed grapes
Chicken Caesar G/F pasta salad

Pizza G/F cob,
Pulled pork G/F Wraps



Street Culture

Gluten Free - Break time week 3 menu

MONDAY

Yoghurt with mixed berries,
Mixed grapes
Chicken Caesar G/F pasta salad,

Cheese & Tomato G/F pizza slice,
Chicken strippers, (not bread crumbed)

TUESDAY

Topped yoghurt,
Fresh pineapple salad,
Tuna G/F pasta salad,

Chicken G/F melts
Ham topped G/F bagels

WEDNESDAY

Yoghurt with berry compote,
Fresh fruit salad,
Tomato & Basil G/F Pasta Salad,

Bacon G/F roll,
Cheese G/F pizza slice,

THURSDAY

Yoghurt with fruit compote,
Fresh fruit salad
Tuna G/F pasta salad,

Cheese & ham G/F toasties,
Chicken salsa G/F burritos.

FRIDAY

Yoghurt with berry compote,
Fresh fruit Salad,
Tomato & basil G/F pasta salad

Chicken tikka G/F flatbreads,
5 bean G/F burrito.

